Sacred Signs

Your First Week With an Oracle Deck

Seven days. One card a day. Works with any deck.

From Ayana & Astaran, Sacred Signs

A new oracle deck in your hands, and then the questions start. Do you shuffle? Do you ask something first? What if the card seems to say nothing? This week gives you one small step a day: a card to draw, a thing to try and a sentence to finish in your own words. Each day takes about five minutes and works with any deck.

One thing before you start. You are the expert on your own life. A guidebook offers suggestions. You decide what a card means for you.

How this week works

- Shuffle the way that feels natural. There is no correct way.
- Draw one card. Look at it for a full minute before you read anything.
- Finish the sentence in the prompt. Write it down or say it out loud.
- Keep the seven cards and sentences together. You will use them on day 7.

Day 1: Just look

Draw a card. Put the guidebook away. Look at the image for one minute.

Notice where your eye goes first. A colour, a shape, a corner of the card. That first place is your starting point.

I notice first...

Day 2: Feel it in your body

Draw a card. Look at it and check in with your body. Shoulders, belly, chest, jaw. Does anything soften or tighten?

There is no right answer here. The body often reacts before the mind has words.

When I look at this card I feel it in my...

Day 3: Read the text afterwards

Draw a card. Look first, then read what the guidebook says about it.

Compare the two. Some lines will fit you. Some will not. Both tell you something.

The line that fits me is... The line that does not fit me is...

Day 4: Ask a question first

Today you ask before you draw. Pick a question that starts with "how" or "what". "What do I need to see about this week?" works better than a yes or no question.

Draw one card and let it answer in its own way, even if the answer arrives sideways.

The question I am holding is... This card makes me think of...

Day 5: Oracle as the "why" card

This day is for anyone who also reads tarot, and anyone curious about it.

Many readers use the two decks together. Draw one tarot card for what is going on. Then draw one oracle card next to it as the "why" or the gentle nudge behind it. The tarot card shows the situation and the oracle card adds a reason or a direction to consider.

If you do not own a tarot deck, draw two oracle cards. Call the first "what is happening" and the second "the why". This is one way to combine them. Readers do it in many ways and you can invent your own.

The first card shows me... The second card adds...

Day 6: When a card does not land

Some days a card says nothing to you. Or it irritates you. Both happen to everyone who uses cards. Try one of these and use whichever feels right:

- Hold the card a few minutes longer and look at the corner you ignored.
- Read the guidebook text out loud and listen for one word that catches.
- Ask what the card is showing you by not fitting.
- Put it back, shuffle and draw again. Your deck, your rules.
- Leave it until the evening and look again.

A card that does not land is information. You get to decide what it says.

What I want to say to this card is...

Day 7: Look back

Lay out your seven cards in the order you drew them. Read your seven sentences from top to bottom.

See which card you keep returning to in your thoughts. See which one you were glad to draw and which one you would rather leave in the box.

> **The card I keep thinking about is... What I want to do with my deck from here is...**

Some people keep drawing one card each morning. Some use the deck once a month. Some pass it on to a friend. All of that is a good use. When you want to lay more than one card at a time, the one, three and five-card spreads are a gentle next step.

If you have the Sacred Signs deck

Our deck has 74 cards and a 185-page guidebook that gives each card its own pages. Use them on day 3. All 74 card texts are also online, handy when the guidebook is not at hand.

No deck yet? You can draw a card online and do this week with that. The deck is Sacred Signs from the Universe: Universal Codes for Embodiment, made together by Ayana and Astaran and printed with silver foil on both sides.

Thank you for spending a week with your cards.

All our love,
Ayana & Astaran